

MOSSY NISSAN POWAY
Tour de Poway 25 mile course
Sunday, October 10th
9:00 am start

	<u>Segment Mile</u>	<u>Total Distance</u>
(L) Midland	.5	.5
(R) Twin Peaks	.75	.80
(L) Espola	5	5.8
(R) Pomerado\West Bernardo Dr(AID STATION)	5.4	11.2
(R) Rancho Bernardo Rd	1.2	12.4
(L) Camino San Bernardo	.6	13
(L) Camino Del Norte(East)	2.5	15.5
(R) Carmel Mnt Road	.25	15.75
(R) Rancho Carmel Dr	2	17.75
(L) Ted Williams Pwky(East)	2	19.75
(R) Pomerado Road	3	22.75
(L) Metate	1.25	24.50
(L) Community Road	1.50	26
(R) Aubrey	.25	26.25